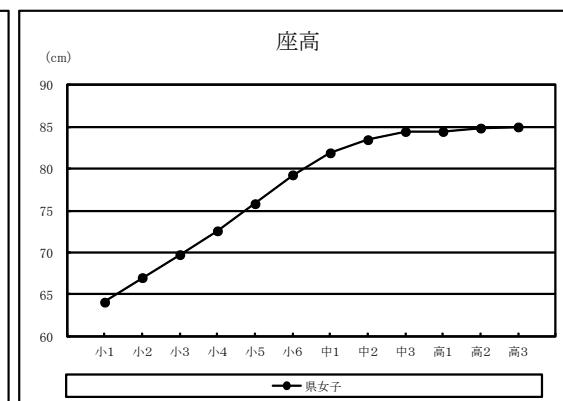
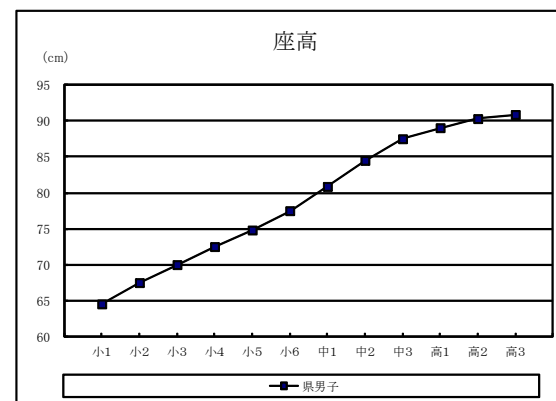
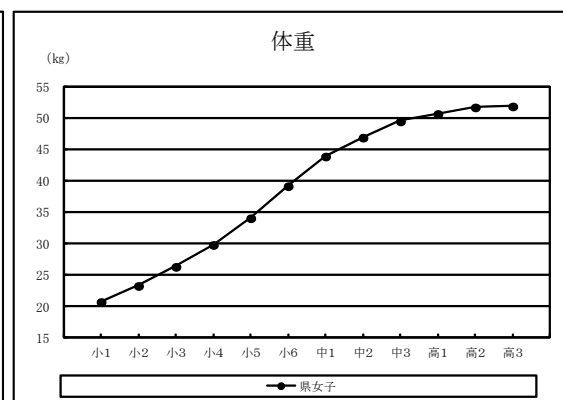
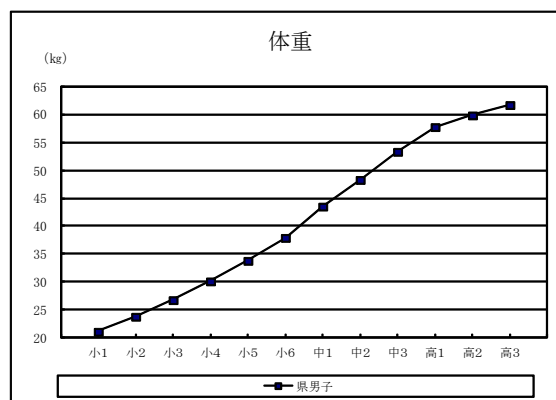
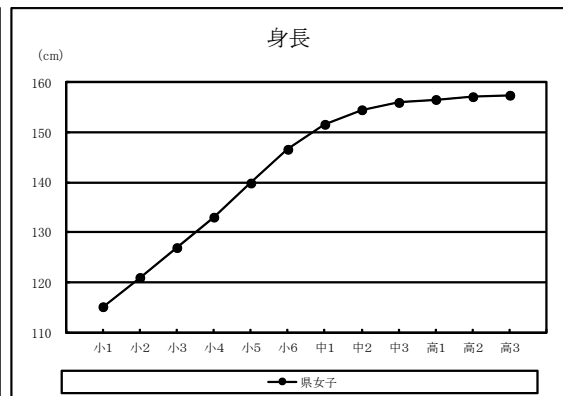
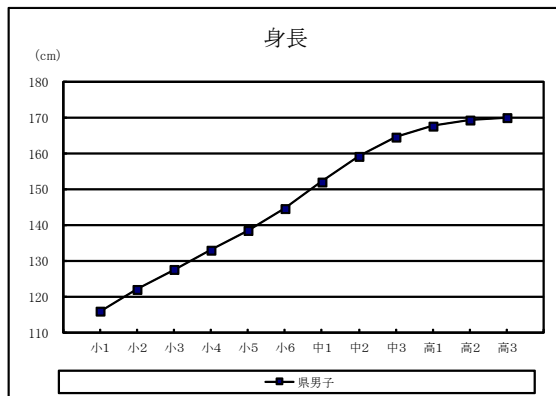


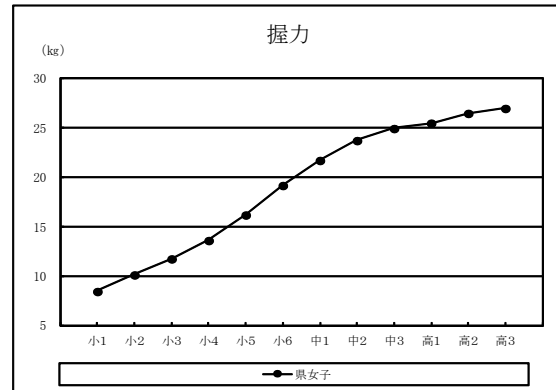
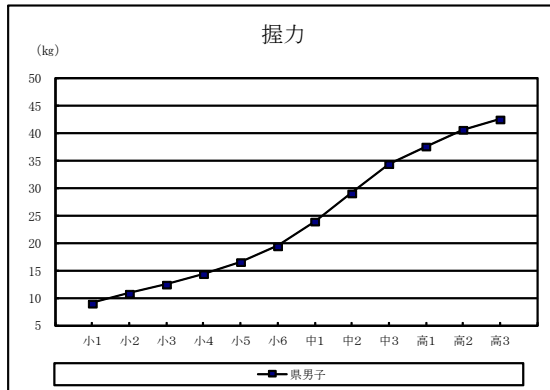
(6) 加齢に伴う変化(平成27年度の福岡県平均値)

① 体格

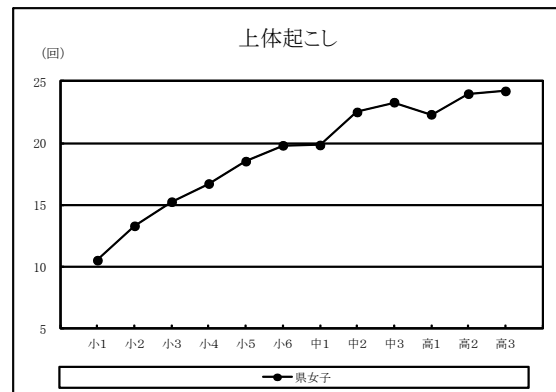
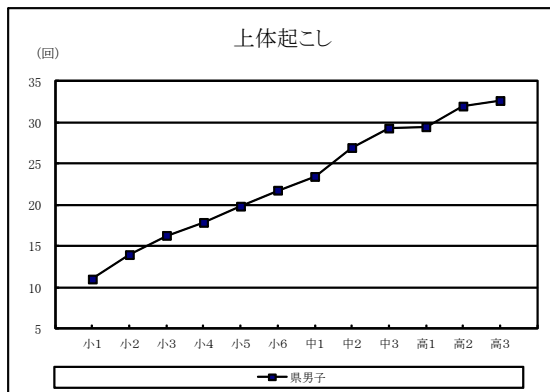


## ② 体力・運動能力

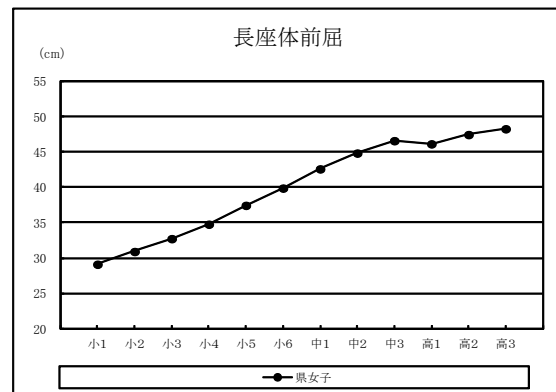
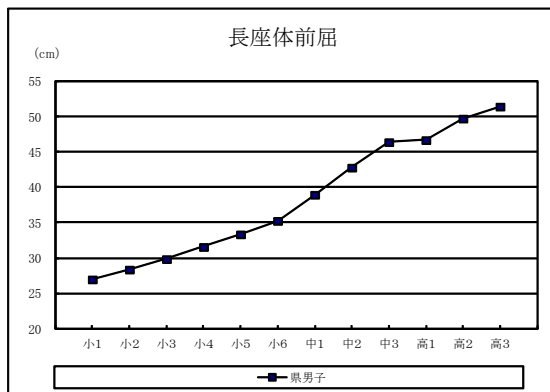
### 【握 力】



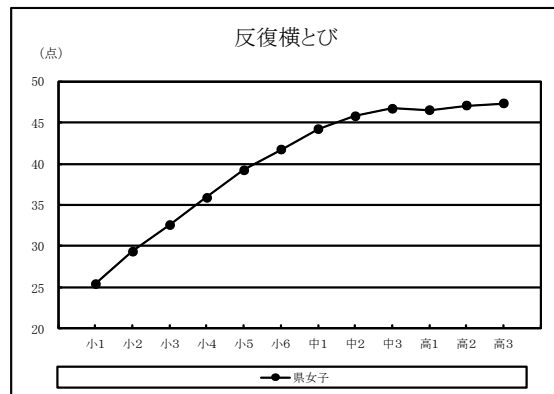
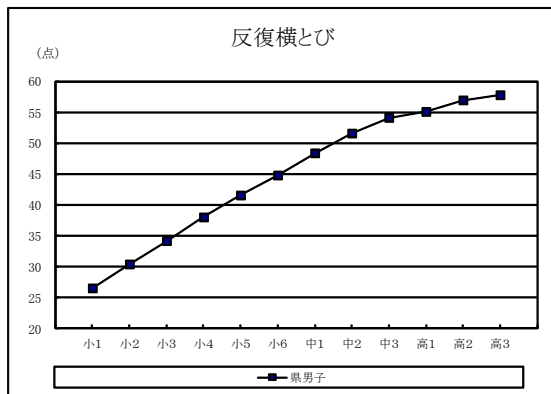
### 【上体起こし】



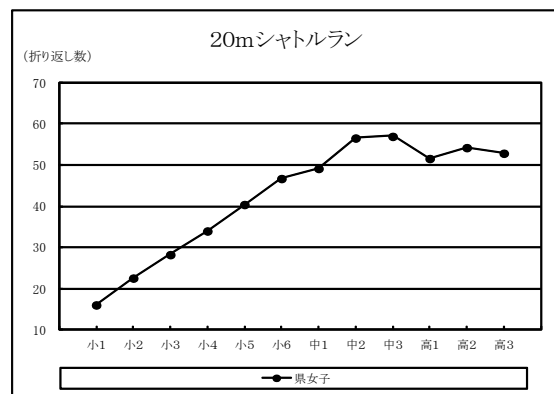
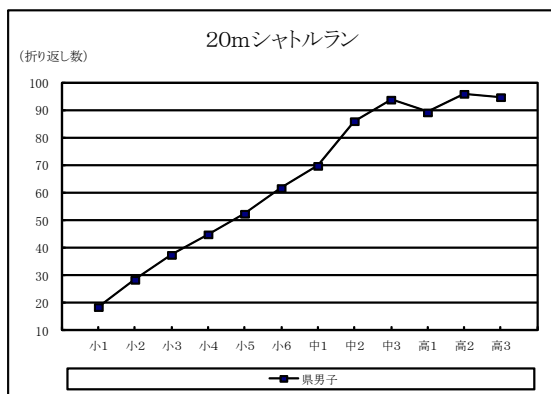
### 【長座体前屈】



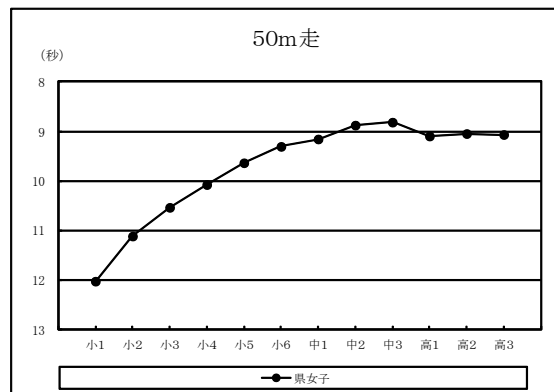
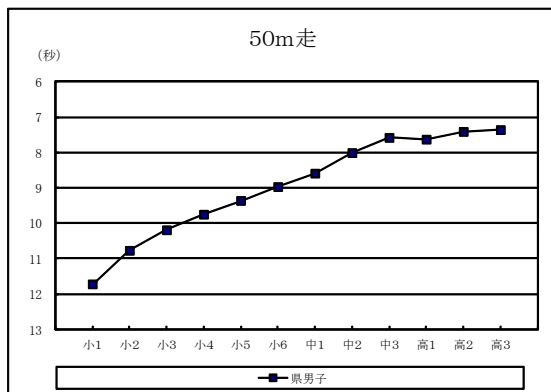
## 【反復横とび】



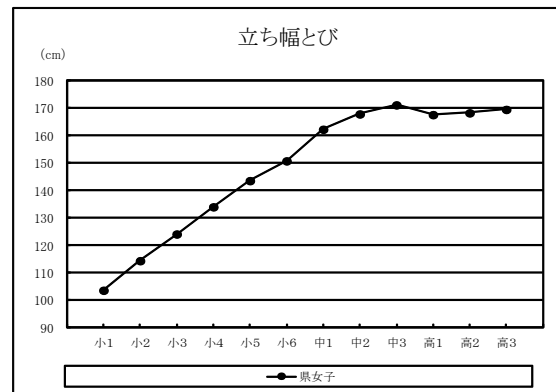
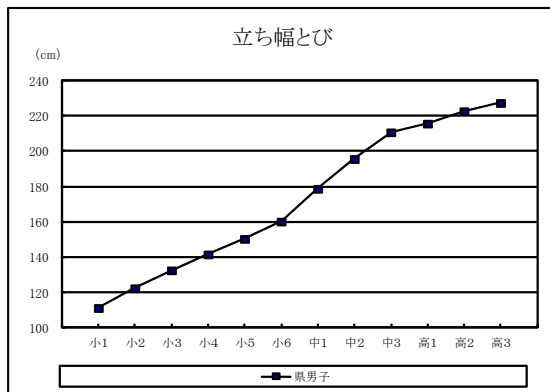
## 【20mシャトルラン】



## 【50m走】



## 【立ち幅とび】



## 【ボール投げ】

